



THE HEIGHTS FELLOWSHIP

THIS WEEK AT THF

▶ TUESDAY

THF College - Worship & Small Groups
7:00pm-9:00pm

▶ WEDNESDAY

THF Students - Worship & Small Groups
7:00pm-8:30pm ~ Doors open at 6:30pm

▶ THURSDAY

THF Men - Bible Study & Fellowship
6:30am-7:30am

UPCOMING AT THF

▶ OCTOBER 6

MEN'S BBQ COOKOFF - Sign up online or
with QR Code in the Mall

September 29, 2024

Please continue to check all
of our social media outlets
and our website for updates to
weekly activities and Sunday Services.

www.theheightsfellowship.org

FINANCIAL STEWARDSHIP

September 22, 2024

BUDGET GIVING: \$13,875.42
BUDGET NEEDS: \$18,919.00

YEAR TO DATE

BUDGET GIVING: \$721,776.76
BUDGET NEEDS: \$716,220.00

Prayer Guide

The Lord's Prayer

“Our Father, in heaven, your name be honored as holy.”

- We enter prayer through adoration, worship, and gratitude.
- Express your gratitude to God for who He is and all that He has done for you.
- Acknowledge the blessings in your life today.

Try singing a worship song or reading a Psalm. These Psalms are a great place to start:

- *Psalm 100*
- *Psalm 103:1-12*
- *Psalm 136*

“Your kingdom come, your will be done, on earth as it is in heaven.”

- Ask God to show you his heart for people, places, and situations that he longs to deliver, heal, and provide for.
- Anywhere and everywhere you know God's kingdom of love and peace is lacking, ask for Jesus to come.

“Your will be done in _____.”

Here are a few Psalms of lament. You can pray these to God as you learn the language of lament:

- *Psalm 13*
- *Psalm 25*
- *Psalm 42*
- *Psalm 77*
- *Psalm 130*

“Give us today our daily bread.”

- Pray for what you need and want today.
- Nothing is too big or small to him.
- Just ask.
- Let your daily asking grow your trust and dependence on God.

“Forgive us our debts, as we also have forgiven our debtors.”

- Invite God to search your heart, uncovering areas of sin in your life.
- Name those things back to God as he reveals them to you.
- Ask for forgiveness.
- And as you receive his forgiveness, also invite him to help you recognize those you need to forgive.

“I forgive _____, and whatever my feelings don't yet allow for, the blood of Jesus will surely cover.”

“And do not bring us into temptation, but deliver us from the evil one.”

- Ask God for strength to resist specific temptation in your life.
- Also, ask God to form you and build your faith through the challenging situations in your life.

THF LIFENotes

9-29-24

1. How does remembering who God is, remembering who you are and remembering who we are to each other affect our focus of gratitude and worship in prayer? Discuss with your group.
2. Share with your group some practical ways that paying attention to what's going on in the world around you will strengthen your dependence on God and your sensitivity to praying specifically for the needs of others.
3. Brandon said, "Asking for what we need involves trust. If we don't trust, we don't ask." How does your level of trust in God affect your prayer life? Discuss with your group.
4. What is God's part in confessional prayer? What is our part in confessional prayer? How does confession mature our faith?
5. Temptation and the testing of our faith is inevitable. How were you encouraged through this message to overcome temptation? Share with your group.