

# Game Show: The choice is yours

Self-control is choosing to do what's best even when you don't want to.



### MEMORY VERSE

God's power has given us everything we need to lead a godly life.  
2 Peter 1:3a, NIV

#### Week One

**Jesus Tempted in the Wilderness**  
Luke 4:1-13 (Supporting: Matthew 4:1-11)  
How do you get ready?

#### Week Two

**Choose Your Words Carefully**  
Proverbs 12:18  
How can your words change things?

#### Week Three

**David Spares Saul's Life**  
1 Samuel 24  
When have you had self-control?

#### Week Four

**Too Much of a Good Thing**  
Proverbs 25:16  
Why is it hard to stop?

## Preteen

ENGAGE IN EVERYDAY MOMENTS TOGETHER



### Morning Time

As your kid starts their day, tell them about a time when you saw them make a good choice, and let them know how much you admire their decision.



### Meal Time

At a meal this week, have everyone at the table answer this question: "How do you get ready to do the right thing?"



### Drive Time

While on the go, ask your kid: "When have you seen someone do something good lately—either through an action or something they said?"



### Bed Time

Pray for each other: "Jesus, when we are tempted, help us to have the self-control to do what's best."

More Ways to Engage with Your Kid

Faith & Character Activities

Worship Song of the Month

Download the Parent Cue app

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